# ELIMINATE THE SPREAD
# WORKDAY FLOW

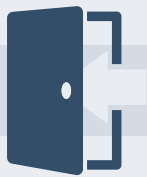**Arrive at workplace** → **Leave consumables in car** → **Put on disposable gloves** → **Put on face coverings** (optional)
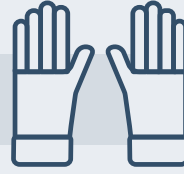
**Enter the workplace** → **No skin to skin contact** → **Obtain sanitizing solutions** → **Disinfect your workstation**
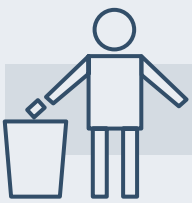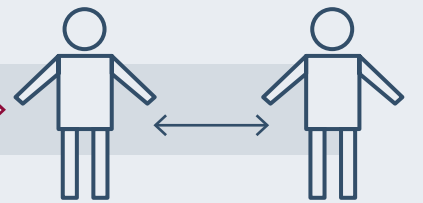
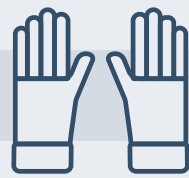**Remove gloves & dispose** → **Wash hands** → **Begin work duties** → **Maintain social distancing**

**Wash hands every 90 minutes** → **Put on disposable gloves** → **Obtain sanitizing solutions** → **Disinfect your workstation**
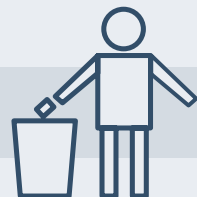
**Leave workplace** → **Remove gloves & dispose** → **Use hand sanitizer** → **Leave workplace**

**Arrive home safe & healthy** → **Wash hands**